

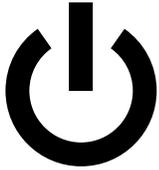


**Speaker:** Keith Minier

**Title:** Resolved to Reflect

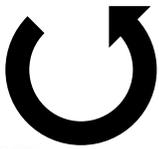
**Summary:** Resolved living reflects God

**Key Verses:** Genesis 1:26-30; Matthew 6:1-18; Mark 1:35; Romans 12:1-2



**Power Up:** *Take a moment to prepare*

Keith opens by teaching that spiritual disciplines live between verbal resolve (what we intend) and visual resolve (what we do). How disciplined are you?



**Replay:** *Take some time to watch*

Note the flow of Keith's argument. **Big Idea:** Resolved living reflects God.

**1)** My mind is renewed when I run to my Creator. **2)** Public resolve is cultivated in private disciplines; **2a)** environments shape our disciplines; **2b)** disciplines are a process; **2c)** disciplines are urgent.



**Comment:** *Take some time to talk*

**How are youth conferences more like weddings than marriages?**

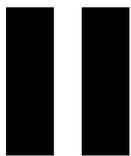
**What does Keith say about God's mercies? Why does this matter?**

Keith argues, "Spiritual disciplines are the potter's wheel of how God shapes your mind." **What are some disciplines? What's their purpose? Which of the disciplines do you practice? How do you do them?**

**What "spaces" shape your affection for God? Which stamp it out?**

"We are a one-click society... we love what it delivers," Keith observes. **What makes one-click stunt growth? Where can you slow down?**

Keith notes how his social media timeline (SMT) reflects his rhythms and routines. **What does your SMT reflect about your routines and values?**



**Pause:** *Take a moment to pray*

Thank God for His mercies that remind us salvation is won, not earned. Thank God for Jesus' model of a spiritually disciplined life. Ask God for the urgency, patience, and consistency to love and reflect Him more.



**Take Action:** *Make it personal*

Complete the proclamation: "Because I want to reflect God, I resolve to..." Then write down 3-5 next steps (i.e., purchase a journal, find a quiet spot) to make the resolve a reality. Tell a friend, parent, or mentor to help you stay resolved. Finally, set some future dates to check your progress.

## Bonus Features: Additional Notes and Quotes from Keith Minier

**An Opening Caveat:** “[Habits and spiritual disciplines are ] not the most ‘awesome’ topic. It’s a little bit of vegetables... A pastor asking people about Bible reading is like a dentist asking about flossing. We know flossing is good for us but challenging to work into our daily routine.”

“I knew how to *get* married; didn’t know how *to be* married...Becoming and being are different.”

“The faith is ultimately lived between the verbal and the visual [i.e., what’s seen in our life].”

Every single person being an image bearer will do one of three things:

1. Rivaling God (trying to be God): “I don’t need God; I’m fine.”
2. Rebelling against God: “I don’t need God... I’ll do me”
3. Reflect God: “when [others] see us they think about our God.”

Resolved living reflects God in every area: purity, parental relationship, school, etc.

“We’re not trying to get approval from God but living from the approval he’s given us.”

1. **“The more I renew my mind, the more I will reflect my creator. My mind is renewed when I run to my creator.”**
2. **Public resolve is cultivated in private disciplines.**

**Ex:** Reading bible, going to church, prayer, scripture memory, evangelism, fasting.

**Caveat on Disciplines:** “We have become so afraid of teaching people a duty-driven faith, we have stopped teaching people a discipline driven faith... Good works will not produce saving faith BUT saving faith will always produce good works.”

“You don’t arrive at a destination based upon intention; you arrive ... based upon attention.”

**Purpose of Disciplines:** “The disciplines are a means to a deeper relationship to our Creator.”

- a) **Consider the importance of environments:** not every environment is created equally; public spaces are NOT neutral; do they stir our affections for God or stamp them out?
- b) **Understand the reality of the process:** our experience of salvation will never be completely full this side of glory; we continue to struggle. We are a one-click society. Fast and easy. We don’t like things that take time.

“Stay faithful to renewing your mind...running to creator...[with the] disciplines; you won’t become sinless, but you will sin less. Broken things will begin to make sense in the grand scheme of eternity over time. You might not see it, but others do.”

- c) **Have a mindset of urgency:** think about people differently: all our days are numbered. so are theirs.

“The most important impression I’ll ever make is the one I make of Jesus.”